

1999 MIAC Women's Outdoor Track and Field - Individual Results

100 Meter Dash

Round 1, Heat 1

1	Jenny Ewertz, St. Benedict	12.84Q
2	Michelle Pekel, Gustavus	12.99q
3	Kari Pederson, Saint Mary's	13.02q
4	Bree Wertz, St. Thomas	13.31
5	Haley Rekucki, St. Benedict	13.34
6	Laura Caldwell, St. Benedict	13.46

Round 1, Heat 2

1	Erica Stone, Gustavus	12.26Q
	NCAA Provisional Qualifier	
2	Jennifer Beltz, St. Catherine	13.30
3	Kajsa Larson, Gustavus	13.37
4	Dashelle Purcell, Concordia	13.40
5	Lesley Albertson, Concordia	13.41
6	Karin McGregor, Concordia	13.80
7	Allison Daehlin, Concordia	14.26

Round 1, Heat 3

1	Amanda Olson, St. Olaf	12.66Q
2	Carie Muntifering, St. Thomas	12.99q
3	Anne Habvena, Bethel	13.09q
4	Amber Kidder, St. Olaf	13.20q
5	Adina Bowe, Macalester	13.89

Final

1	Erica Stone, Gustavus	12.07
	NCAA Automatic Qualifier	
	NCAA Provisional Qualifier	
2	Amanda Olson, St. Olaf	12.38
	NCAA Provisional Qualifier	
3	Jenny Ewertz, St. Benedict	12.76
4	Carie Muntifering, St. Thomas	12.80
5	Anne Habvena, Bethel	12.90
6	Michelle Pekel, Gustavus	12.98
7	Kari Pederson, Saint Mary's	13.05
8	Amber Kidder, St. Olaf	13.08

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200 Meter Dash

Round 1, Heat 1

1	Holly Harris, Macalester	25.77Q
2	Jenny Ewertz, St. Benedict	26.39q
3	Stacy Horner, Gustavus	26.71q
4	Carie Muntifering, St. Thomas	26.86
5	Jamie Laurich, St. Benedict	27.70
6	Bree Wertz, St. Thomas	27.88
7	Laura Caldwell, St. Benedict	28.27
8	Adina Bowe, Macalester	28.67

Round 1, Heat 2

1	Laura Carlson, Gustavus	25.48Q
2	Amanda Olson, St. Olaf	25.76q
3	Margo Boyle, St. Catherine	26.75q
4	Amber Kidder, St. Olaf	27.31
5	Lesley Albertson, Concordia	27.61
6	Leanne Van Mil, Hamline	27.87
7	Kelly Gunter, Hamline	28.36

Round 1, Heat 3

1	Erica Stone, Gustavus	25.10Q
	NCAA Provisional Qualifier	
2	Tonya Ashfeld, St. Benedict	26.70q
3	Katie Bestul, St. Thomas	26.84
4	Emily Haley, St. Thomas	27.11
5	Jennifer Beltz, St. Catherine	27.12
6	Dashelle Purcell, Concordia	27.85
7	Haley Rekucki, St. Benedict	27.94
8	Allison Daehlin, Concordia	29.66

Final

1	Erica Stone, Gustavus	24.73
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	Meet record	
	NCAA Automatic Qualifier	
	NCAA Provisional Qualifier	
2	Laura Carlson, Gustavus	25.37
	NCAA Provisional Qualifier	
3	Amanda Olson, St. Olaf	25.53
4	Holly Harris, Macalester	26.24
5	Tonya Ashfeld, St. Benedict	26.47
6	Margo Boyle, St. Catherine	26.66
7	Jenny Ewertz, St. Benedict	26.82
	Stacy Horner, Gustavus	DNC

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400 Meter Dash

Round 1, Heat 1

1	Stacy Horner, Gustavus	60.39Q
2	Kajsa Larson, Gustavus	60.91q
3	Jamie McRaith, St. Olaf	61.17q
4	Jenny Davis, Hamline	62.50
5	Leta Prochnow, Concordia	62.86
6	Jenna Parich, Hamline	63.05
7	Karen Larson, St. Olaf	65.76
8	Elen Halverson, Concordia	67.31

Round 1, Heat 2

1	Holly Harris, Macalester	58.97Q
2	Margo Boyle, St. Catherine	59.36q
3	Emily Walker, St. Olaf	62.20q
4	Sommer Jalbert, Concordia	62.48
5	Laurie Peterson, Carleton	64.01
6	Sydney Larson, St. Catherine	64.65
7	Kristine Larsen, St. Olaf	66.12
8	Megan Moen, St. Catherine	67.17

Round 1, Heat 3

1	Laura Carlson, Gustavus	58.18Q
	NCAA Provisional Qualifier	
2	Angie Lange, Bethel	60.30q
3	Jody Moldenhauer, Concordia	63.13
4	Jordi Kortan, Concordia	63.55
5	Joanne Maki, Concordia	64.12
6	Amanda Peters, St. Thomas	64.20
7	Courtney Merhiy, St. Thomas	64.69
	Sarah VanderWeyst, St. Olaf	DNC

Final

1	Laura Carlson, Gustavus	56.74
	NCAA Automatic Qualifier	
	NCAA Provisional Qualifier	
2	Holly Harris, Macalester	57.29
	NCAA Provisional Qualifier	
3	Margo Boyle, St. Catherine	58.33
4	Angie Lange, Bethel	60.29
5	Jamie McRaith, St. Olaf	60.50
6	Kajsa Larson, Gustavus	60.53
7	Emily Walker, St. Olaf	61.61

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800 Meter Run

Round 1, Heat 1

1	Jayna Mathieu, St. Olaf	2:18.96Q
2	Heidi Brenden, Concordia	2:19.73Q
3	Rachel Bjorklund, Bethel	2:21.06q
4	Kelly Shannon, Concordia	2:23.33q
5	Carla Fredrick, St. Benedict	2:25.62q
6	Sherry Lien, Saint Mary's	2:27.43
7	Marnee Bergenheier, Concordia	2:29.24
8	Amy Hemstad, Hamline	2:33.92

Round 1, Heat 2

1	Lizzy May, St. Thomas	2:20.94Q
2	Erin Quinn, Carleton	2:21.47Q
3	Yarrow Moench, Macalester	2:23.79q

4	Katie Storlie, St. Olaf	2:25.82
5	Chrissy Baune, Augsburg	2:26.80
6	Julie Engh, Concordia	2:26.91
7	Marika Koenitzer, Gustavus	2:29.97
8	Heather Brenden, Concordia	2:30.25

Final

1	Heidi Brenden, Concordia	2:14.29
	NCAA Automatic Qualifier	
	NCAA Provisional Qualifier	
2	Lizzy May, St. Thomas	2:14.36
	NCAA Provisional Qualifier	
3	Jayna Mathieu, St. Olaf	2:16.24
	NCAA Provisional Qualifier	
4	Erin Quinn, Carleton	2:18.57
5	Rachel Bjorklund, Bethel	2:20.79
6	Kelly Shannon, Concordia	2:21.19
7	Carla Fredrick, St. Benedict	2:23.89
8	Yarrow Moench, Macalester	2:29.61

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1500 Meter Run

Round 1, Heat 1

1	Heidi Brenden, Concordia	4:51.04Q
2	Liz Connors, Macalester	4:51.43Q
3	Yarrow Moench, Macalester	4:51.66Q
4	Teresa Olsen, Hamline	4:52.05Q
5	Shannon Nuest, Bethel	4:55.01q
6	Heather Brenden, Concordia	4:58.96q
7	Anne Purushotham, Carleton	5:00.77q
8	Emma Sandberg, Carleton	5:05.08
9	Margaret Lee, Carleton	5:07.67
10	Daisy Schmidt, Gustavus	5:09.25
11	Abigail Okrent, Carleton	5:14.31
12	Marika Koenitzer, Gustavus	5:17.89
13	Katie Fuhrman, St. Catherine	5:24.03
14	Lisa Cadmus, Carleton	5:35.73

Round 1, Heat 2

1	Jayna Mathieu, St. Olaf	4:53.56Q
2	Jenni Mooney, St. Thomas	4:57.17Q
3	Amanda Beckman, Bethel	4:57.19Q
4	Chrissy Baune, Augsburg	4:57.35Q
5	Erin Ward, St. Thomas	4:58.07q
6	Margie Tilman, St. Olaf	5:01.82
7	Abigail Forster, Carleton	5:05.77
8	Cathy Fredrick, St. Benedict	5:12.13
9	Julie Schmitz, St. Benedict	5:13.35
10	Cindy Carstens, Concordia	5:13.77
11	Megan Call, St. Olaf	5:16.75
12	Pam Krallman, St. Olaf	5:20.36
13	Becky Karnes, Hamline	5:27.13
14	Amy Edelstein, Bethel	5:32.43

Final

1	Jayna Mathieu, St. Olaf	4:39.94
	NCAA Provisional Qualifier	
2	Heidi Brenden, Concordia	4:44.79
3	Yarrow Moench, Macalester	4:46.77
4	Teresa Olsen, Hamline	4:49.62
5	Liz Connors, Macalester	4:51.12
6	Erin Ward, St. Thomas	4:51.73
7	Chrissy Baune, Augsburg	4:52.36
8	Shannon Nuest, Bethel	4:54.74
9	Jenni Mooney, St. Thomas	4:57.70
10	Anne Purushotham, Carleton	4:59.37
11	Heather Brenden, Concordia	5:03.50
12	Amanda Beckman, Bethel	5:15.34

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3000 Meter Run

1	Katie Jorgenson, St. Catherine	10:29.83
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2	Liz Connors, Macalester	10:32.72
3	Sherrri Lien, Saint Mary's	10:35.17
4	Gail Teitzel, Carleton	10:44.29
5	Abigail Forster, Carleton	10:47.24
6	Jenni Mooney, St. Thomas	10:47.33
7	Andrea Mosher, Carleton	10:48.72
8	Danielle Barry, Bethel	10:53.02
9	Annie Sateren, St. Olaf	10:54.35
10	Cassie Thoen, St. Olaf	10:55.59
11	Erin Ward, St. Thomas	10:57.37
12	Shannon Nuest, Bethel	11:00.96
13	Sarah Omann, St. Benedict	11:01.47
14	Elizabeth Garrard, Carleton	11:01.58
15	Brigid Franey, St. Olaf	11:02.21
16	Barb Breidenbach, Concordia	11:07.54
17	Suzanne DePaulo, St. Olaf	11:10.31
18	Lynette Drexler, St. Catherine	11:15.40
19	Jenny Tushaus, St. Thomas	11:21.76
20	Megan Mackie, St. Olaf	11:24.68
21	Heather Phillips, St. Thomas	11:27.57
22	Angela Wolkowski, Bethel	11:34.77

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5000 Meter Run

1	Katie Jorgenson, St. Catherine	18:22.54
2	Anne Sateren, St. Olaf	18:32.83
3	Suzanne DePaulo, St. Olaf	18:33.84
4	Barb Breidenbach, Concordia	18:42.05
5	Andrea Mosher, Carleton	18:47.10
6	Heather Phillips, St. Thomas	18:51.40
7	Sarah Omann, St. Benedict	18:58.24
8	Jenna Boren, St. Olaf	18:58.50
9	Angie Voight, Bethel	19:13.46
10	Megan Kelly, Macalester	19:15.35
11	Abigail Okrent, Carleton	19:22.73
12	Megan Courtnage, Carleton	19:23.29
13	Julia Larson, Carleton	19:24.14
14	Kelly Faris, St. Thomas	19:27.18
15	Elizabeth Garrard, Carleton	19:29.39
16	Megan Magnall, St. Olaf	19:32.55
17	Brigid Franey, St. Olaf	19:33.97
18	Laura Graen, Gustavus	19:36.53
19	Stef Lenz, Gustavus	19:38.13
20	Melissa Kremers, St. Benedict	19:40.38
21	Stacy DeRuitter, St. Olaf	19:43.79
22	Jenny Tushaus, St. Thomas	19:46.72
23	Deb Pagels, St. Olaf	20:23.19
24	Sara Skrlin, Carleton	20:27.30
25	Mary Stein, St. Benedict	20:37.47
26	Rebecca Sallee, Saint Mary's	20:50.94

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10000 Meter Run

1	Suzanne DePaulo, St. Olaf	38:35.66
2	Danielle Barry, Bethel	38:38.96
3	Barb Breidenbach, Concordia	39:17.53
4	Angie Voight, Bethel	39:32.10
5	Julia Larson, Carleton	39:33.23
6	Kelly Faris, St. Thomas	39:58.93
7	Megan Magnall, St. Olaf	40:11.12
8	Lynette Drexler, St. Catherine	40:19.84
9	Crissy Johnson, St. Benedict	40:31.66
10	Stef Lenz, Gustavus	40:32.47
11	Megan Courtnage, Carleton	40:44.63
12	Caroline Quill, Carleton	41:57.96
13	Mari Severson, Bethel	42:28.44
14	Sarah Gradick, Carleton	42:35.34
15	Beth Vasecka, St. Olaf	42:55.88
16	Carly Heupel, Concordia	43:20.54

17 Rebecca Sallee, Saint Mary's	43:33.12
18 Michele Reinhart, St. Benedict	44:23.75
19 Beth Moen, Concordia	44:37.90
Emily Nelson, St. Benedict	DNF

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100 Meter Hurdles

Round 1, Heat 1

1 Katie Bestul, St. Thomas	14.84Q
NCAA Provisional Qualifier	
2 Emily Menden, St. Thomas	15.23q
3 Angie Strom, Concordia	16.03q
4 Margaret Cropp, Concordia	16.06
5 Bonny Pastika, Hamline	17.06
6 Clara Setzer, Saint Mary's	17.87
7 Julia Gray, Macalester	18.10

Round 1, Heat 2

1 Sara Grineski, Concordia	15.15Q
NCAA Provisional Qualifier	
2 Rhonda Swanson, St. Benedict	15.68q
3 Nissa Stolp, Gustavus	16.00q
4 Bree Wertz, St. Thomas	16.55
5 Heidi Fryer, Gustavus	17.29
6 Kari Candell, St. Catherine	17.56
7 Abbey Gurney, Macalester	17.96

Round 1, Heat 3

1 Caroline Stuart, Carleton	15.20Q
Ties NCAA Provisional Qualifier	
2 Liz Hajek, Macalester	15.69q
3 Andrea Tietmeyer, Macalester	16.40
4 Kirsten Bland, Gustavus	16.79
5 Rachel Flenner, St. Thomas	17.47
6 Angie Sprunger, St. Olaf	17.78

Final

1 Katie Bestul, St. Thomas	14.84
NCAA Provisional Qualifier	
2 Sara Grineski, Concordia	14.97
NCAA Provisional Qualifier	
3 Emily Menden, St. Thomas	15.11
NCAA Provisional Qualifier	
4 Caroline Stuart, Carleton	15.23
5 Liz Hajek, Macalester	15.64
6 Nissa Stolp, Gustavus	15.70
7 Rhonda Swanson, St. Benedict	15.92
8 Angie Strom, Concordia	16.05

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400 Meter Hurdles

Round 1, Heat 1

1 Sandra Helquist, Carleton	63.73Q
NCAA Provisional Qualifier	
2 Andrea Tietmeyer, Macalester	68.33q
3 Margaret Cropp, Concordia	69.47
4 Julia Gray, Macalester	69.56
5 Alyssa Aldrick, Bethel	70.21
6 Jackie Packard, Bethel	76.61
7 Jennifer Frank, Saint Mary's	78.35

Round 1, Heat 2

1 Sara Grineski, Concordia	66.87Q
2 Emily Menden, St. Thomas	67.83q
3 Andrea Thompson, St. Olaf	68.89q
4 Liz Hajek, Macalester	72.12
5 Bonny Pastika, Hamline	72.47
6 Angie Sprunger, St. Olaf	76.32

Round 1, Heat 3

1 Caroline Stuart, Carleton	64.83Q
NCAA Provisional Qualifier	
2 Janet Hengel, St. Olaf	65.67q
3 Mary Pulling, St. Thomas	69.18q

4	Kate Krueger, Gustavus	73.26
5	Kari Candell, St. Catherine	73.50
6	Tamra Thayer, Carleton	75.81

Final

1	Sandra Helquist, Carleton	62.29
	NCAA Automatic Qualifier	
	NCAA Provisional Qualifier	
2	Caroline Stuart, Carleton	64.13
	NCAA Provisional Qualifier	
3	Sara Grineski, Concordia	65.95
4	Janet Hengel, St. Olaf	66.81
5	Andrea Thompson, St. Olaf	67.97
6	Andrea Tietmeyer, Macalester	68.48
7	Emily Menden, St. Thomas	69.31
8	Mary Pulling, St. Thomas	69.82

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4X100 Meter Relay

Round 1, Heat 1

1	Gustavus (Kirsten Bland, Laura Carlson, Erica Stone, Michelle Pekel)	48.57Q
	NCAA Provisional Qualifier	
2	St. Thomas (Katie Bestul, Carie Muntifering, Amanda Peters, Emily Haley)	50.61q
3	Macalester (Adina Bowe, Holly Harris, Andrea Tietmeyer, Liz Hajek)	50.92q
4	Bethel (Stacy Boatman, Amy Gilfillan, Angie Lange, Anne Habbena)	51.20q
	St. Benedict	DNF

Round 1, Heat 2

1	St. Olaf (Jamie McRaith, Amber Kidder, Janet Hengel, Amanda Olson)	50.86Q
2	Carleton (Kelly Tan, Caroline Stuart, Tamra Thayer, Sandra Helquist)	51.21q
3	Concordia (Sara Grineski, Lesley Albertson, Jordi Kortan, Dashedelle Purcell)	51.38q
4	St. Catherine (Sydney Larson, Margo Boyle, Megan Moen, Jennifer Beltz)	51.61q
5	Hamline (Leanne Van Mil, Summer Barnes, Bonny Pastika, Kelly Gunter)	53.56
6	Saint Mary's (Kari Pederson, Clara Setzer, Maisa Rouzer, Jennifer Frank)	54.73

Final

1	Gustavus (Kirsten Bland, Laura Carlson, Erica Stone, Michelle Pekel)	48.87
	NCAA Provisional Qualifier	
2	St. Olaf (Jamie McRaith, Amber Kidder, Janet Hengel, Amanda Olson)	50.24
3	St. Thomas (Katie Bestul, Carie Muntifering, Amanda Peters, Emily Haley)	50.72
4	Carleton (Kelly Tan, Caroline Stuart, Tamra Thayer, Sandra Helquist)	50.83
5	Concordia (Sara Grineski, Margaret Cropp, Jordi Kortan, Dashedelle Purcell)	51.00
6	Bethel (Stacy Boatman, Amy Gilfillan, Angie Lange, Anne Habbena)	51.08
7	St. Catherine (Sydney Larson, Margo Boyle, Megan Moen, Jennifer Beltz)	51.41
	Macalester (Adina Bowe, Holly Harris, Andrea Tietmeyer, Liz Hajek)	DQ

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4X400 Meter Relay

1	Gustavus (Kirsten Bland, Kajsa Larson, Laura Carlson, Erica Stone)	3:56.64
	NCAA Provisional Qualifier	
2	Carleton (Caroline Stuart, Erin Quinn, Sarah Paul, Sandra Helquist)	4:01.22
3	St. Olaf (Jamie McRaith, Amanda Olson,	

Emily Walker, Jayna Mathieu)	4:01.32
4 Concordia (Jordi Kortan, Sommer Jalbert, Julie Engh, Heidi Brenden)	4:03.47
5 St. Thomas	4:03.78
6 Bethel (Angie Lange, Stacy Boatman, Amy Gilfillan, Rachel Bjorklund)	4:05.24
7 Macalester	4:07.98
8 St. Benedict	4:08.58
9 Hamline	4:12.42
10 St. Catherine (Sydney Larson, Jennifer Beltz, Megan Moen, Margo Boyle)	4:14.98

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4X800 Meter Relay

1 St. Olaf (Jamie McRaith, Katie Storlie, Andrea Thompson, Jayna Mathieu)	9:29.94
2 St. Thomas (Erin Ward, Jenni Mooney, Emily Haley, Lizzy May)	9:30.19
3 Macalester (Liz Connors, Jen Hodges, Megan Kelly, Yarrow Moench)	9:41.70
4 Bethel (Angela Wolkowski, Shannon Nuest, Amanda Beckman, Rachel Bjorklund)	9:44.05
5 Carleton (Laurie Peterson, Sarah Paul, Anne Purushotham, Emma Sandberg)	9:46.32
6 Hamline (Becky Karnes, Jenna Parich, Amy Hemstad, Teresa Olsen)	9:49.15
7 St. Benedict	9:55.65
8 Concordia (Kelly Shannon, Joanne Maki, Marnee Bergenheier, Julie Engh)	9:55.81
9 Gustavus (Daisy Schmidt, Kate Krueger, Amanda Stoeckel, Laura Graen)	10:32.19

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Long Jump

Round 1, Flight 1

1 Caroline Stuart, Carleton	16-9 3/4	(5.12m)q
2 Rhonda Swanson, St. Benedict	16-9 1/4	(5.11m)q
3 BriAnne Erpelding, St. Benedict	16-6 1/2	(5.04m)
4 Kari Pederson, Saint Mary's	16-5 3/4	(5.02m)
5 Karin McGregor, Concordia	16-3 3/4	(4.97m)
6 Tonya Ashfeld, St. Benedict	16-3 1/4	(4.96m)
7 Laura Burley, Gustavus	16-1	(4.90m)
8 Colleen Mensing, St. Benedict	15-9	(4.80m)
9 Natalie St. Louis, Augsburg	15-7 3/4	(4.77m)

Round 1, Flight 2

1 Anne Habbena, Bethel	18-1	(5.51m)q
NCAA Provisional Qualifier		
2 Michelle Pekel, Gustavus	17-6 1/4	(5.34m)q
3 Christine Osborne, St. Thomas	16-10	(5.13m)q
4 Kirsten Bland, Gustavus	16-9 1/4	(5.11m)q
5 Molly Nemes, Gustavus	16-8	(5.08m)q
6 Kelly Klecker, St. Benedict	16-7	(5.05m)q
7 Amy Scoville, Concordia	15-9	(4.80m)
8 Angie Strom, Concordia	15-7 3/4	(4.77m)
Kara Hedin, St. Thomas	DNC	

Final

1 Anne Habbena, Bethel	18-1	(5.51m)
NCAA Provisional Qualifier		
2 Michelle Pekel, Gustavus	17-6 1/4	(5.34m)
3 Molly Nemes, Gustavus	17-4 1/4	(5.29m)
4 Rhonda Swanson, St. Benedict	16-10	(5.13m)
5 Kelly Klecker, St. Benedict	16-10	(5.13m)
6 Christine Osborne, St. Thomas	16-10	(5.13m)
7 Caroline Stuart, Carleton	16-9 3/4	(5.12m)
8 Kirsten Bland, Gustavus	16-9 1/4	(5.11m)

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Triple Jump

Round 1, Flight 1

1 Kirsten Bland, Gustavus	35-1 (10.69m)q
2 Kelly Klecker, St. Benedict	34-9 3/4 (10.61m)q
3 Karin McGregor, Concordia	33-10 3/4 (10.33m)
4 Bree Wertz, St. Thomas	33-7 1/4 (10.24m)
5 Natalie St. Louis, Augsburg	33-4 3/4 (10.18m)
6 Tracy Kortum, Concordia	32-3 3/4 (9.85m)
Kara Hedin, St. Thomas	DNC

Round 1, Flight 2

1 Anne Habbena, Bethel	35-2 1/2 (10.73m)q
2 Kari Pederson, Saint Mary's	35-0 1/2 (10.68m)q
3 Greta Schutte, Bethel	34-3 (10.44m)q
4 Molly Nemes, Gustavus	33-11 1/2 (10.35m)q
5 Crystal Dusich, St. Thomas	33-8 1/2 (10.27m)
6 Colleen Mensing, St. Benedict	32-11 3/4 (10.05m)
7 Heidi Fryer, Gustavus	32-6 1/2 (9.92m)

Round 1, Flight 3

1 BriAnne Erpelding, St. Benedict	37-0 1/2 (11.29m)q
NCAA Provisional Qualifier	
2 Christine Osborne, St. Thomas	34-5 3/4 (10.51m)q
3 Patty Herou, St. Benedict	33-9 1/2 (10.30m)
4 Bridget Schletty, St. Benedict	33-9 1/4 (10.29m)
5 Amy Scoville, Concordia	33-5 3/4 (10.20m)
6 Laura Burley, Gustavus	33-1 1/4 (10.09m)
7 Sarah Rustad, Concordia	31-1 (9.47m)

Final

1 BriAnne Erpelding, St. Benedict	37-0 1/2 (11.29m)
NCAA Provisional Qualifier	
2 Kari Pederson, Saint Mary's	36-2 1/4 (11.03m)
3 Anne Habbena, Bethel	35-6 1/2 (10.83m)
4 Kirsten Bland, Gustavus	35-4 (10.77m)
5 Kelly Klecker, St. Benedict	34-10 1/2 (10.63m)
6 Greta Schutte, Bethel	34-8 1/4 (10.57m)
7 Christine Osborne, St. Thomas	34-5 3/4 (10.51m)
8 Molly Nemes, Gustavus	34-2 (10.41m)

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Shot Put

Round 1, Flight 1

1 Maria DeBoer, Concordia	38-8 3/4 (11.80m)q
2 Rachel Aufforth, Concordia	37-9 1/4 (11.51m)q
3 Laura Utke, Concordia	35-2 1/2 (10.73m)q
4 Robin Schuette, St. Benedict	34-2 (10.41m)q
5 Clara Setzer, Saint Mary's	32-6 1/2 (9.92m)
6 Emily Menden, St. Thomas	31-3 (9.52m)
7 Kara Wickman, Bethel	30-7 3/4 (9.34m)
8 Becky Lacher, Concordia	27-8 1/4 (8.44m)
9 Susanna Murley, St. Olaf	26-9 1/4 (8.16m)

Round 1, Flight 2

1 Melissa Ring, Gustavus	43-6 (13.26m)q
NCAA Automatic Qualifier	
NCAA Provisional Qualifier	
2 April Felt, Gustavus	40-2 1/4 (12.25m)q
3 Jeanna Spannring, St. Catherine	36-4 (11.07m)q
4 Anne Poduska, Macalester	34-0 3/4 (10.38m)q
5 Nikki Berg, Concordia	33-11 1/4 (10.34m)
6 Nancy Eichten, St. Catherine	33-3 1/4 (10.14m)
7 Rhianna Johnson, St. Catherine	29-3 3/4 (8.93m)
8 Carrie Mathias, Saint Mary's	29-1 (8.86m)
9 Reina Dee, St. Olaf	28-6 1/2 (8.70m)

Final

1 Melissa Ring, Gustavus	43-6 (13.26m)
NCAA Automatic Qualifier	
NCAA Provisional Qualifier	
2 April Felt, Gustavus	40-7 3/4 (12.39m)
3 Maria DeBoer, Concordia	39-8 1/2 (12.10m)
4 Rachel Aufforth, Concordia	37-9 1/4 (11.51m)
5 Jeanna Spannring, St. Catherine	37-8 (11.48m)
6 Anne Poduska, Macalester	35-10 3/4 (10.94m)

7 Laura Utke, Concordia 35-9 1/4 (10.90m)
8 Robin Schuette, St. Benedict 34-2 (10.41m)

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Discus Throw

Round 1, Flight 1

1 April Felt, Gustavus 128-6 (39.16m)q
2 Laura Utke, Concordia 127-4 (38.82m)q
3 Melissa Ring, Gustavus 120-7 (36.76m)q
4 Kristina Huisinga, Bethel 113-11 (34.72m)
5 Sonia Lipker, Augsburg 112-6 (34.30m)
6 Nikki Berg, Concordia 105-2 (32.06m)
7 Nicole Paquette, Concordia 99-6 (30.32m)
8 Courtney Zinter, Concordia 96-1 (29.28m)
9 Marissa Sundquist, St. Olaf 89-11 (27.42m)

Round 1, Flight 2

1 Maria DeBoer, Concordia 138-9 (42.30m)q
NCAA Provisional Qualifier
2 Charity Penn, Concordia 125-2 (38.16m)q
3 Jeanna Spannring, St. Catherine 124-7 (37.98m)q
4 Robin Schuette, St. Benedict 116-10 (35.62m)q
5 Emily Rankin, Concordia 116-1 (35.38m)q
6 Erin Schmidt, Concordia 112-0 (34.14m)
7 Clara Setzer, Saint Mary's 107-3 (32.70m)
8 Reina Dee, St. Olaf 102-7 (31.28m)
9 Nelly Nehring, Bethel 101-8 (30.98m)

Final

1 Maria DeBoer, Concordia 138-9 (42.30m)
NCAA Provisional Qualifier
2 April Felt, Gustavus 129-7 (39.50m)
3 Laura Utke, Concordia 127-6 (38.86m)
4 Charity Penn, Concordia 125-2 (38.16m)
5 Jeanna Spannring, St. Catherine 124-7 (37.98m)
6 Melissa Ring, Gustavus 120-7 (36.76m)
7 Emily Rankin, Concordia 120-4 (36.68m)
8 Robin Schuette, St. Benedict 116-10 (35.62m)

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Hammer Throw

Round 1, Flight 1

1 Laura Utke, Concordia 151-4 (46.12m)q
NCAA Provisional Qualifier
2 Misty Smoot, St. Benedict 140-1 (42.70m)q
3 Courtney Zinter, Concordia 127-11 (39.00m)q
4 Sam Kapphahn, Concordia 124-4 (37.90m)q
5 Sonia Lipker, Augsburg 123-4 (37.60m)q
6 Jennifer Eckman, Augsburg 110-7 (33.72m)
7 Anne Poduska, Macalester 107-9 (32.84m)
8 Nelly Nehring, Bethel 103-4 (31.50m)
9 Nikki Berg, Concordia 91-10 (28.00m)

Round 1, Flight 2

1 April Felt, Gustavus 160-2 (48.82m)q
Meet record
NCAA Automatic Qualifier
NCAA Provisional Qualifier
2 Karen Senst, Concordia 143-8 (43.78m)q
3 Maria DeBoer, Concordia 137-3 (41.84m)q
4 Rachel Aufforth, Concordia 121-5 (37.00m)
5 Bretta Norton, Carleton 119-0 (36.28m)
6 Amanda Marotz, Gustavus 117-5 (35.80m)
7 Erica Bodin, Concordia 112-6 (34.30m)
8 Reina Dee, St. Olaf 111-3 (33.90m)
9 Nancy Eichten, St. Catherine 97-10 (29.82m)
10 Kara Wickman, Bethel 91-9 (27.96m)

Final

1 April Felt, Gustavus 160-2 (48.82m)
Meet record
NCAA Automatic Qualifier
NCAA Provisional Qualifier

2	Laura Utke, Concordia	151-4 (46.12m)
	NCAA Provisional Qualifier	
3	Karen Senst, Concordia	143-8 (43.78m)
4	Misty Smoot, St. Benedict	143-0 (43.60m)
5	Maria DeBoer, Concordia	138-7 (42.24m)
6	Courtney Zinter, Concordia	127-11 (39.00m)
7	Sonia Lipker, Augsburg	126-9 (38.64m)
8	Sam Kapphahn, Concordia	124-4 (37.90m)

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Javelin Throw

Round 1, Flight 1

1	Margaret Cropp, Concordia	127-10 (38.96m)q
	NCAA Provisional Qualifier	
2	Sarah Diercks, St. Thomas	112-1 (34.16m)q
3	Angie Strom, Concordia	106-3 (32.40m)q
4	Karin Jolivette, St. Olaf	102-2 (31.14m)q
5	Courtenay Penwell, Macalester	101-8 (31.00m)
6	Jill Peterson, Gustavus	100-8 (30.68m)
7	Kerstin Blazina, Gustavus	99-5 (30.30m)
8	Nancy Eichten, St. Catherine	91-5 (27.86m)
9	Anne Ritland, Bethel	90-8 (27.64m)

Round 1, Flight 2

1	Amanda Glas, Concordia	111-2 (33.88m)q
2	Jessica Edwards, Concordia	108-11 (33.20m)q
3	Kelly Seyfert, Concordia	108-5 (33.04m)q
4	Alison Routledge, Concordia	106-6 (32.46m)q
5	Kelly Tan, Carleton	96-6 (29.42m)
6	Karmyn Tuma, St. Benedict	91-2 (27.80m)
7	Sarah Paul, Carleton	88-6 (26.98m)
8	Jeanna Spanning, St. Catherine	85-4 (26.00m)
9	Carrie Mathias, Saint Mary's	75-6 1/4 (23.02m)

Final

1	Margaret Cropp, Concordia	127-10 (38.96m)
	NCAA Provisional Qualifier	
2	Amanda Glas, Concordia	117-0 (35.66m)
3	Sarah Diercks, St. Thomas	113-9 (34.68m)
4	Jessica Edwards, Concordia	108-11 (33.20m)
5	Kelly Seyfert, Concordia	108-5 (33.04m)
6	Alison Routledge, Concordia	107-3 (32.68m)
7	Angie Strom, Concordia	106-3 (32.40m)
8	Karin Jolivette, St. Olaf	102-2 (31.14m)

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High Jump

1	Angie Strom, Concordia	5-2 1/2 (1.59m)
2	Kirsten Bland, Gustavus	5-2 1/2 (1.59m)
3	Amy Gilfillan, Bethel	5-2 1/2 (1.59m)
4	Bridget Schletty, St. Benedict	5-0 1/2 (1.54m)
5	Joelle Farrell, Macalester	4-10 1/2 (1.49m)
6	Kate Evon, St. Benedict	4-8 3/4 (1.44m)
6	Clara Setzer, Saint Mary's	4-8 3/4 (1.44m)
6	Sarah Paul, Carleton	4-8 3/4 (1.44m)
9	Nissa Stolp, Gustavus	4-8 3/4 (1.44m)
10	Leslie Nechville, St. Olaf	4-6 3/4 (1.39m)
10	Jackie Wendlandt, St. Benedict	4-6 3/4 (1.39m)
10	Greta Schutte, Bethel	4-6 3/4 (1.39m)
13	Emily Rankin, Concordia	4-6 3/4 (1.39m)
14	Katherine Doherty, Carleton	4-6 3/4 (1.39m)
	Kate Krueger, Gustavus	NH

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Pole Vault

1	Rhonda Swanson, St. Benedict	11-7 3/4 (3.55m)
	Meet record	
2	Nikki Tuma, St. Benedict	9-11 3/4 (3.04m)
3	Janet Hengel, St. Olaf	9-11 3/4 (3.04m)
4	Caroline Boatz, St. Benedict	9-11 3/4 (3.04m)

5 Megan Shorma, Gustavus	9-5 3/4	(2.89m)
6 Lisa Hodapp, Concordia	9-5 3/4	(2.89m)
7 Heidi Fryer, Gustavus	9-5 3/4	(2.89m)
8 Karin Jolivette, St. Olaf	8-11 3/4	(2.74m)
9 Jen Fettig, Concordia	8-11 3/4	(2.74m)
9 Patty Herou, St. Benedict	8-11 3/4	(2.74m)
11 Heather Moor, Carleton	8-6	(2.59m)
12 Tamra Thayer, Carleton	8-6	(2.59m)
13 Emily Erickson, St. Olaf	8-0	(2.44m)
14 Abbey Gurney, Macalester	7-6	(2.29m)
15 Katie Langer, St. Benedict	7-6	(2.29m)
Kate Ihle, Carleton	DNC	

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Heptathlon

1 Sandra Helquist, Carleton	4308
NCAA Automatic Qualifier	
NCAA Provisional Qualifier	
2 Kirsten Bland, Gustavus	4125
NCAA Provisional Qualifier	
3 Angie Strom, Concordia	3970
4 Margaret Cropp, Concordia	3935
5 Nissa Stolp, Gustavus	3906
6 Emily Haley, St. Thomas	3724
7 Kate Krueger, Gustavus	3663
8 Rhonda Swanson, St. Benedict	3656
9 Sarah Paul, Carleton	3629
10 Leanne Van Mil, Hamline	3368
11 Clara Setzer, Saint Mary's	3311
12 Kelly Gunter, Hamline	3222
13 Karmyn Tuma, St. Benedict	3026
14 Alison Ede, Carleton	2225